



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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In letzter Sekunde

□□□: 15:51:48

□□: 128

□□: 10.65 km/h

□□□□: 5:37 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 112 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 83(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:17:21	5:31	61	22:39	75	22:39	14.00	1:17:21	5:31	61	22:39	75	22:39
Grenzwiese/Kleir	19.60	1:55:21	5:53	100	38:35	145	38:35	33.60	3:12:42	5:44	80	1:01:14	107	1:01:14
Neue Ausspanne	14.00	1:30:59	6:29	107	39:43	160	41:19	47.60	4:43:41	5:57	102	1:40:57	139	1:40:57
Grenzdler (Ober	13.60	1:25:52	6:18	99	36:10	144	36:10	61.20	6:09:33	6:02	101	2:13:16	142	2:13:16
Allzunah	20.00	1:42:42	5:08	70	30:37	105	30:44	81.20	7:52:15	5:48	96	2:40:45	132	2:40:45
Masserberg (Ren	17.80	1:45:09	5:54	85	35:00	126	35:00	99.00	9:37:24	5:49	95	3:15:45	130	3:15:45
Neuhaus (Rennst	20.10	1:39:53	4:58	50	25:01	68	25:01	119.10	11:17:17	5:41	92	3:40:46	125	3:40:46
Wanderhütte an	13.70	1:16:00	5:32	67	24:37	92	24:37	132.80	12:33:17	5:40	89	4:02:58	120	4:02:58
Brennersgrün	16.00	1:34:14	5:53	81	35:12	120	35:12	148.80	14:07:31	5:41	91	4:36:43	122	4:36:43
Blankenstein	20.30	1:44:17	5:08	55	30:16	80	53:01	169.10	15:51:48	5:37	83	5:06:59	112	5:06:59