



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Skisportverein Erfurt 02 Männer

□□□: 15:23:23

□□: 130

□□: 10.98 km/h

□□□□: 5:27 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 87 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 65(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:10:17 | 5:01 | 23 | 15:35 | 31 | 15:35 | 14.00 | 1:10:17 | 5:01 | 23 | 15:35 | 31 | 15:35 |
| Grenzwiese/Kleir | 19.60 | 1:40:05 | 5:06 | 52 | 23:19 | 72 | 23:19 | 33.60 | 2:50:22 | 5:04 | 36 | 38:54 | 45 | 38:54 |
| Neue Ausspanne | 14.00 | 1:29:59 | 6:25 | 105 | 38:43 | 155 | 40:19 | 47.60 | 4:20:21 | 5:28 | 59 | 1:17:37 | 74 | 1:17:37 |
| Grenzdler (Ober | 13.60 | 1:09:24 | 5:06 | 30 | 19:42 | 38 | 19:42 | 61.20 | 5:29:45 | 5:23 | 47 | 1:33:28 | 60 | 1:33:28 |
| Allzunah | 20.00 | 1:43:53 | 5:11 | 78 | 31:48 | 114 | 31:55 | 81.20 | 7:13:38 | 5:20 | 49 | 2:02:08 | 63 | 2:02:08 |
| Masserberg (Ren | 17.80 | 1:33:41 | 5:15 | 52 | 23:32 | 74 | 23:32 | 99.00 | 8:47:19 | 5:19 | 45 | 2:25:40 | 60 | 2:25:40 |
| Neuhaus (Rennst | 20.10 | 1:57:46 | 5:51 | 101 | 42:54 | 146 | 42:54 | 119.10 | 10:45:05 | 5:24 | 59 | 3:08:34 | 77 | 3:08:34 |
| Wanderhütte an | 13.70 | 1:16:26 | 5:34 | 69 | 25:03 | 94 | 25:03 | 132.80 | 12:01:31 | 5:25 | 58 | 3:31:12 | 76 | 3:31:12 |
| Brennersgrün | 16.00 | 1:34:16 | 5:53 | 82 | 35:14 | 121 | 35:14 | 148.80 | 13:35:47 | 5:28 | 65 | 4:04:59 | 85 | 4:04:59 |
| Blankenstein | 20.30 | 1:47:36 | 5:18 | 73 | 33:35 | 105 | 56:20 | 169.10 | 15:23:23 | 5:27 | 65 | 4:38:34 | 87 | 4:38:34 |