



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

0000

Mühlhäuser Laufcombo

000: 15:17:20

00: 131

00: 11.05 km/h

0000: 5:25 min/km

00: 169.10 km

Hörschel-Blankenstein

00000: 82 (of 184)

000000: 10:44:49

0000:

00000: 60(of 117)

Männerstaffel

0000000: 10:44:49

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Hohe Sonne	14.00	1:12:57	5:12	39	18:15	47	18:15	14.00	1:12:57	5:12	39	18:15	47	18:15
Grenzwiese/Kleir	19.60	1:31:51	4:41	16	15:05	25	15:05	33.60	2:44:48	4:54	19	33:20	27	33:20
Neue Ausspanne	14.00	1:07:43	4:50	28	16:27	34	18:03	47.60	3:52:31	4:53	19	49:47	26	49:47
Grenzdler (Ober	13.60	1:11:22	5:14	39	21:40	47	21:40	61.20	5:03:53	4:57	19	1:07:36	25	1:07:36
Allzunah	20.00	1:40:46	5:02	58	28:41	84	28:48	81.20	6:44:39	4:59	26	1:33:09	34	1:33:09
Masserberg (Ren	17.80	1:28:02	4:56	31	17:53	42	17:53	99.00	8:12:41	4:58	25	1:51:02	32	1:51:02
Neuhaus (Rennst	20.10	1:39:29	4:56	48	24:37	66	24:37	119.10	9:52:10	4:58	26	2:15:39	33	2:15:39
Wanderhütte an	13.70	1:34:02	6:51	113	42:39	173	42:39	132.80	11:26:12	5:10	35	2:55:53	45	2:55:53
Brennersgrün	16.00	1:28:49	5:33	67	29:47	99	29:47	148.80	12:55:01	5:12	35	3:24:13	47	3:24:13
Blankenstein	20.30	2:22:19	7:00	115	1:08:18	180	1:31:03	169.10	15:17:20	5:25	60	4:32:31	82	4:32:31