



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Buderus Rennsteiger

□□□: 16:14:28

□□: 137

□□: 10.41 km/h

□□□□: 5:45 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 134 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 96(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:18:42	5:37	67	24:00	82	24:00	14.00	1:18:42	5:37	67	24:00	82	24:00
Grenzwiese/Kleir	19.60	1:53:02	5:46	96	36:16	135	36:16	33.60	3:11:44	5:42	79	1:00:16	105	1:00:16
Neue Ausspanne	14.00	1:40:36	7:11	114	49:20	178	50:56	47.60	4:52:20	6:08	107	1:49:36	156	1:49:36
Grenzdler (Ober	13.60	1:23:50	6:09	95	34:08	135	34:08	61.20	6:16:10	6:08	105	2:19:53	150	2:19:53
Allzunah	20.00	1:47:41	5:23	84	35:36	123	35:43	81.20	8:03:51	5:57	104	2:52:21	150	2:52:21
Masserberg (Ren	17.80	1:37:05	5:27	66	26:56	96	26:56	99.00	9:40:56	5:52	97	3:19:17	134	3:19:17
Neuhaus (Rennst	20.10	1:51:54	5:34	90	37:02	127	37:02	119.10	11:32:50	5:49	98	3:56:19	135	3:56:19
Wanderhütte an	13.70	1:15:54	5:32	66	24:31	91	24:31	132.80	12:48:44	5:47	97	4:18:25	133	4:18:25
Brennersgrün	16.00	1:28:09	5:30	65	29:07	95	29:07	148.80	14:16:53	5:45	96	4:46:05	132	4:46:05
Blankenstein	20.30	1:57:35	5:47	93	43:34	143	1:06:19	169.10	16:14:28	5:45	96	5:29:39	134	5:29:39