



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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LG Rippershausen

□□□: 16:20:08

□□: 139

□□: 10.35 km/h

□□□□: 5:47 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 138 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 98(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:16:12	5:26	57	21:30	70	21:30	14.00	1:16:12	5:26	57	21:30	70	21:30
Grenzwiese/Kleir	19.60	2:04:01	6:19	109	47:15	167	47:15	33.60	3:20:13	5:57	101	1:08:45	140	1:08:45
Neue Ausspanne	14.00	1:22:36	5:53	87	31:20	125	32:56	47.60	4:42:49	5:56	101	1:40:05	137	1:40:05
Grenzdler (Ober	13.60	1:26:31	6:21	101	36:49	146	36:49	61.20	6:09:20	6:02	100	2:13:03	141	2:13:03
Allzunah	20.00	1:43:36	5:10	76	31:31	112	31:38	81.20	7:52:56	5:49	97	2:41:26	134	2:41:26
Masserberg (Ren	17.80	1:40:54	5:40	75	30:45	110	30:45	99.00	9:33:50	5:47	94	3:12:11	128	3:12:11
Neuhaus (Rennst	20.10	1:43:04	5:07	59	28:12	80	28:12	119.10	11:16:54	5:41	91	3:40:23	123	3:40:23
Wanderhütte an	13.70	1:19:59	5:50	78	28:36	110	28:36	132.80	12:36:53	5:41	92	4:06:34	123	4:06:34
Brennersgrün	16.00	1:38:12	6:08	92	39:10	140	39:10	148.80	14:15:05	5:44	94	4:44:17	129	4:44:17
Blankenstein	20.30	2:05:03	6:09	105	51:02	165	1:13:47	169.10	16:20:08	5:47	98	5:35:19	138	5:35:19