



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Mühlhäuser Laufmäuse

□□: Mühlhäuser Röblinglauf e.V.
 □□: 6

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Frauenstaffel

□□□: 18:29:30

□□: 9.14 km/h
 □□□□: 6:33 min/km

□□□□□: 182 (of 184)

□□□□□□: 10:44:49

□□□□□: 13(of 14)

□□□□□□□: 13:16:19

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:36:11	6:52	11	29:53	166	41:29	14.00	1:36:11	6:52	11	29:53	185	41:29
Grenzwiese/Kleir	19.60	2:20:32	7:10	14	42:20	180	1:03:46	33.60	3:56:43	7:02	14	59:07	184	1:45:15
Neue Ausspanne	14.00	1:25:33	6:06	10	17:04	136	35:53	47.60	5:22:16	6:46	13	1:16:11	184	2:19:32
Grenzadler (Ober	13.60	1:26:51	6:23	9	24:57	148	37:09	61.20	6:49:07	6:41	12	1:41:08	184	2:52:50
Allzunah	20.00	1:54:48	5:44	9	35:02	148	42:50	81.20	8:43:55	6:27	11	2:16:10	184	3:32:25
Masserberg (Ren	17.80	1:36:55	5:26	5	13:10	95	26:46	99.00	10:20:50	6:16	10	2:29:20	184	3:59:11
Neuhaus (Rennst	20.10	2:15:14	6:43	14	45:44	180	1:00:22	119.10	12:36:04	6:20	11	3:15:04	184	4:59:33
Wanderhütte an	13.70	1:31:08	6:39	13	26:49	170	39:45	132.80	14:07:12	6:22	11	3:41:53	184	5:36:53
Brennersgrün	16.00	1:57:37	7:21	14	41:43	180	58:35	148.80	16:04:49	6:29	12	4:16:36	184	6:34:01
Blankenstein	20.30	2:24:41	7:07	14	56:35	181	1:33:25	169.10	18:29:30	6:33	13	5:13:11	182	7:44:41