



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Team Südeichsfeld

□□□: 14:49:48

□□: 148

□□: 11.40 km/h

□□□□: 5:15 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 59 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 45(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:32:10	6:35	107	37:28	153	37:28	14.00	1:32:10	6:35	107	37:28	153	37:28
Grenzwiese/Kleir	19.60	1:35:41	4:52	32	18:55	44	18:55	33.60	3:07:51	5:35	73	56:23	97	56:23
Neue Ausspanne	14.00	1:18:16	5:35	68	27:00	95	28:36	47.60	4:26:07	5:35	70	1:23:23	89	1:23:23
Grenzdler (Ober	13.60	1:10:16	5:10	33	20:34	41	20:34	61.20	5:36:23	5:29	56	1:40:06	71	1:40:06
Allzunah	20.00	1:42:19	5:06	68	30:14	102	30:21	81.20	7:18:42	5:24	58	2:07:12	74	2:07:12
Masserberg (Ren	17.80	1:52:51	6:20	101	42:42	154	42:42	99.00	9:11:33	5:34	73	2:49:54	94	2:49:54
Neuhaus (Rennst	20.10	1:35:26	4:44	35	20:34	50	20:34	119.10	10:46:59	5:25	62	3:10:28	80	3:10:28
Wanderhütte an	13.70	1:23:30	6:05	96	32:07	142	32:07	132.80	12:10:29	5:30	71	3:40:10	92	3:40:10
Brennersgrün	16.00	1:09:59	4:22	11	10:57	13	10:57	148.80	13:20:28	5:22	54	3:49:40	69	3:49:40
Blankenstein	20.30	1:29:20	4:24	16	15:19	28	38:04	169.10	14:49:48	5:15	45	4:04:59	59	4:04:59