



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Stiftung Wadentest

□□: Stiftung Wadentest

□□: 150

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 15:42:01

□□: 10.76 km/h

□□□□: 5:34 min/km

□□□□□: 106 (of 184)

□□□□□□: 10:44:49

□□□□□: 78(of 117)

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:12:24	5:10	34	17:42	42	17:42	14.00	1:12:24	5:10	34	17:42	42	17:42
Grenzwiese/Kleir	19.60	1:37:02	4:57	37	20:16	50	20:16	33.60	2:49:26	5:02	32	37:58	41	37:58
Neue Ausspanne	14.00	1:30:36	6:28	106	39:20	157	40:56	47.60	4:20:02	5:27	57	1:17:18	72	1:17:18
Grenzdler (Ober	13.60	1:21:08	5:57	84	31:26	113	31:26	61.20	5:41:10	5:34	64	1:44:53	81	1:44:53
Allzunah	20.00	1:37:59	4:53	49	25:54	66	26:01	81.20	7:19:09	5:24	59	2:07:39	75	2:07:39
Masserberg (Ren	17.80	1:48:05	6:04	91	37:56	137	37:56	99.00	9:07:14	5:31	68	2:45:35	88	2:45:35
Neuhaus (Rennst	20.10	1:43:26	5:08	62	28:34	85	28:34	119.10	10:50:40	5:27	66	3:14:09	85	3:14:09
Wanderhütte an	13.70	1:23:19	6:04	94	31:56	141	31:56	132.80	12:13:59	5:31	74	3:43:40	97	3:43:40
Brennersgrün	16.00	1:27:39	5:28	61	28:37	91	28:37	148.80	13:41:38	5:31	69	4:10:50	91	4:10:50
Blankenstein	20.30	2:00:23	5:55	97	46:22	149	1:09:07	169.10	15:42:01	5:34	78	4:57:12	106	4:57:12