



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Didaktische Reserve

□□□: 15:56:30

□□: 151

□□: 10.60 km/h

□□□□: 5:39 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 117 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 88(of 117)

Männerstaffel

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:24:32	6:02	91	29:50	118	29:50	14.00	1:24:32	6:02	91	29:50	119	29:50
Grenzwiese/Kleir	19.60	2:05:04	6:22	111	48:18	169	48:18	33.60	3:29:36	6:14	109	1:18:08	158	1:18:08
Neue Ausspanne	14.00	1:27:34	6:15	100	36:18	143	37:54	47.60	4:57:10	6:14	110	1:54:26	159	1:54:26
Grenzdler (Ober	13.60	1:19:15	5:49	71	29:33	94	29:33	61.20	6:16:25	6:09	106	2:20:08	153	2:20:08
Allzunah	20.00	2:10:47	6:32	111	58:42	175	58:49	81.20	8:27:12	6:14	109	3:15:42	166	3:15:42
Masserberg (Ren	17.80	1:14:49	4:12	5	4:40	5	4:40	99.00	9:42:01	5:52	98	3:20:22	136	3:20:22
Neuhaus (Rennst	20.10	1:44:34	5:12	68	29:42	91	29:42	119.10	11:26:35	5:45	96	3:50:04	132	3:50:04
Wanderhütte an	13.70	1:11:06	5:11	41	19:43	54	19:43	132.80	12:37:41	5:42	93	4:07:22	124	4:07:22
Brennersgrün	16.00	1:32:30	5:46	77	33:28	114	33:28	148.80	14:10:11	5:42	92	4:39:23	125	4:39:23
Blankenstein	20.30	1:46:19	5:14	64	32:18	93	55:03	169.10	15:56:30	5:39	88	5:11:41	117	5:11:41