



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Helios Kliniken Thüringen Mitte

□□□: 17:09:39

□□: 156

□□: 9.85 km/h

□□□□: 6:05 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 162 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 110(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:21:09	5:47	77	26:27	100	26:27	14.00	1:21:09	5:47	77	26:27	100	26:27
Grenzwiese/Kleir	19.60	1:51:59	5:42	91	35:13	129	35:13	33.60	3:13:08	5:44	81	1:01:40	108	1:01:40
Neue Ausspanne	14.00	1:24:21	6:01	91	33:05	130	34:41	47.60	4:37:29	5:49	94	1:34:45	127	1:34:45
Grenzdler (Ober	13.60	1:14:46	5:29	55	25:04	69	25:04	61.20	5:52:15	5:45	86	1:55:58	107	1:55:58
Allzunah	20.00	2:10:48	6:32	112	58:43	176	58:50	81.20	8:03:03	5:56	103	2:51:33	149	2:51:33
Masserberg (Ren	17.80	2:16:50	7:41	114	1:06:41	179	1:06:41	99.00	10:19:53	6:15	112	3:58:14	168	3:58:14
Neuhaus (Rennst	20.10	1:42:31	5:06	56	27:39	76	27:39	119.10	12:02:24	6:03	108	4:25:53	159	4:25:53
Wanderhütte an	13.70	1:08:19	4:59	32	16:56	42	16:56	132.80	13:10:43	5:57	103	4:40:24	150	4:40:24
Brennersgrün	16.00	1:51:12	6:57	114	52:10	175	52:10	148.80	15:01:55	6:03	107	5:31:07	155	5:31:07
Blankenstein	20.30	2:07:44	6:17	108	53:43	171	1:16:28	169.10	17:09:39	6:05	110	6:24:50	162	6:24:50