



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Döllberggemsen

□□□: 15:34:18

□□: 159

□□: 10.85 km/h

□□□□: 5:31 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 98 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 75(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:33:19	6:39	108	38:37	156	38:37	14.00	1:33:19	6:39	108	38:37	156	38:37
Grenzwiese/Kleir	19.60	1:40:47	5:08	53	24:01	75	24:01	33.60	3:14:06	5:46	85	1:02:38	112	1:02:38
Neue Ausspanne	14.00	1:21:32	5:49	83	30:16	116	31:52	47.60	4:35:38	5:47	90	1:32:54	118	1:32:54
Grenzdler (Ober	13.60	1:10:46	5:12	35	21:04	43	21:04	61.20	5:46:24	5:39	76	1:50:07	96	1:50:07
Allzunah	20.00	1:55:08	5:45	93	43:03	149	43:10	81.20	7:41:32	5:41	87	2:30:02	117	2:30:02
Masserberg (Ren	17.80	1:23:12	4:40	16	13:03	20	13:03	99.00	9:04:44	5:30	64	2:43:05	83	2:43:05
Neuhaus (Rennst	20.10	1:29:57	4:28	18	15:05	27	15:05	119.10	10:34:41	5:19	49	2:58:10	63	2:58:10
Wanderhütte an	13.70	1:29:29	6:31	109	38:06	166	38:06	132.80	12:04:10	5:27	63	3:33:51	82	3:33:51
Brennersgrün	16.00	1:20:26	5:01	37	21:24	56	21:24	148.80	13:24:36	5:24	56	3:53:48	71	3:53:48
Blankenstein	20.30	2:09:42	6:23	110	55:41	173	1:18:26	169.10	15:34:18	5:31	75	4:49:29	98	4:49:29