



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Die 10 vom Kyffhäuser

□□: Kyffhäuser-Berglaufverein
 □□: 160

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 15:08:42

□□: 11.17 km/h
 □□□□: 5:22 min/km

□□□□□: 72 (of 184)

□□□□□□: 10:44:49

□□□□□: 54(of 117)

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:14:54 | 5:21 | 49 | 20:12 | 58 | 20:12 | 14.00 | 1:14:54 | 5:21 | 49 | 20:12 | 58 | 20:12 |
| Grenzwiese/Kleir | 19.60 | 1:35:31 | 4:52 | 31 | 18:45 | 43 | 18:45 | 33.60 | 2:50:25 | 5:04 | 38 | 38:57 | 47 | 38:57 |
| Neue Ausspanne | 14.00 | 1:12:01 | 5:08 | 42 | 20:45 | 52 | 22:21 | 47.60 | 4:02:26 | 5:05 | 32 | 59:42 | 42 | 59:42 |
| Grenzdler (Ober | 13.60 | 1:12:50 | 5:21 | 45 | 23:08 | 56 | 23:08 | 61.20 | 5:15:16 | 5:09 | 28 | 1:18:59 | 38 | 1:18:59 |
| Allzunah | 20.00 | 1:45:34 | 5:16 | 81 | 33:29 | 118 | 33:36 | 81.20 | 7:00:50 | 5:10 | 38 | 1:49:20 | 49 | 1:49:20 |
| Masserberg (Ren | 17.80 | 1:48:38 | 6:06 | 93 | 38:29 | 140 | 38:29 | 99.00 | 8:49:28 | 5:20 | 47 | 2:27:49 | 62 | 2:27:49 |
| Neuhaus (Rennst | 20.10 | 1:27:38 | 4:21 | 14 | 12:46 | 20 | 12:46 | 119.10 | 10:17:06 | 5:10 | 39 | 2:40:35 | 50 | 2:40:35 |
| Wanderhütte an | 13.70 | 1:23:02 | 6:03 | 93 | 31:39 | 138 | 31:39 | 132.80 | 11:40:08 | 5:16 | 45 | 3:09:49 | 57 | 3:09:49 |
| Brennersgrün | 16.00 | 1:37:55 | 6:07 | 91 | 38:53 | 138 | 38:53 | 148.80 | 13:18:03 | 5:21 | 52 | 3:47:15 | 66 | 3:47:15 |
| Blankenstein | 20.30 | 1:50:39 | 5:27 | 82 | 36:38 | 121 | 59:23 | 169.10 | 15:08:42 | 5:22 | 54 | 4:23:53 | 72 | 4:23:53 |