



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Die 10 vom Kyffhäuser

□□: Kyffhäuser-Berglaufverein
 □□: 160

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 15:08:42

□□: 11.16 km/h
 □□□□: 5:22 min/km

□□□□□: 72 (of 184)

□□□□□□: 10:44:49

□□□□□: 54(of 117)

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:14:54	5:21	49	20:12	58	20:12	14.00	1:14:54	5:21	49	20:12	58	20:12
Grenzwiese/Kleir	19.60	1:35:31	4:52	31	18:45	43	18:45	33.60	2:50:25	5:04	38	38:57	47	38:57
Neue Ausspanne	14.00	1:12:01	5:08	42	20:45	52	22:21	47.60	4:02:26	5:05	32	59:42	42	59:42
Grenzdler (Ober	13.60	1:12:50	5:21	45	23:08	56	23:08	61.20	5:15:16	5:09	28	1:18:59	38	1:18:59
Allzunah	20.00	1:45:34	5:16	81	33:29	118	33:36	81.20	7:00:50	5:10	38	1:49:20	49	1:49:20
Masserberg (Ren	17.80	1:48:38	6:06	93	38:29	141	38:29	99.00	8:49:28	5:20	47	2:27:49	62	2:27:49
Neuhaus (Rennst	20.10	1:27:38	4:21	14	12:46	20	12:46	119.10	10:17:06	5:10	39	2:40:35	50	2:40:35
Wanderhütte an	13.70	1:23:02	6:03	93	31:39	139	31:39	132.80	11:40:08	5:16	45	3:09:49	57	3:09:49
Brennersgrün	16.00	1:37:55	6:07	91	38:53	138	38:53	148.80	13:18:03	5:21	52	3:47:15	66	3:47:15
Blankenstein	20.30	1:50:39	5:27	82	36:38	122	59:23	169.10	15:08:42	5:22	54	4:23:53	72	4:23:53