



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Long Iceland Ice Tea

□□□: 15:17:32

□□: 162

□□: 11.05 km/h

□□□□: 5:25 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 83 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 61(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:34	5:45	73	25:52	93	25:52	14.00	1:20:34	5:45	73	25:52	93	25:52
Grenzwiese/Kleir	19.60	2:24:38	7:22	116	1:07:52	181	1:07:52	33.60	3:45:12	6:42	115	1:33:44	175	1:33:44
Neue Ausspanne	14.00	1:15:43	5:24	57	24:27	76	26:03	47.60	5:00:55	6:19	112	1:58:11	164	1:58:11
Grenzdler (Ober	13.60	1:20:44	5:56	79	31:02	107	31:02	61.20	6:21:39	6:14	110	2:25:22	161	2:25:22
Allzunah	20.00	1:41:12	5:03	61	29:07	89	29:14	81.20	8:02:51	5:56	102	2:51:21	148	2:51:21
Masserberg (Ren	17.80	1:26:35	4:51	26	16:26	35	16:26	99.00	9:29:26	5:45	92	3:07:47	124	3:07:47
Neuhaus (Rennst	20.10	1:36:29	4:48	37	21:37	52	21:37	119.10	11:05:55	5:35	81	3:29:24	107	3:29:24
Wanderhütte an	13.70	1:07:08	4:54	27	15:45	36	15:45	132.80	12:13:03	5:31	73	3:42:44	95	3:42:44
Brennersgrün	16.00	1:14:03	4:37	19	15:01	24	15:01	148.80	13:27:06	5:25	58	3:56:18	74	3:56:18
Blankenstein	20.30	1:50:26	5:26	81	36:25	121	59:10	169.10	15:17:32	5:25	61	4:32:43	83	4:32:43