



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Kenias letzte Reserve

□□□: 14:42:39

□□: 163

□□: 11.49 km/h

□□□□: 5:13 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 51 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 38(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:21:43	5:50	81	27:01	104	27:01	14.00	1:21:43	5:50	81	27:01	104	27:01
Grenzwiese/Kleir	19.60	1:39:26	5:04	49	22:40	68	22:40	33.60	3:01:09	5:23	57	49:41	73	49:41
Neue Ausspanne	14.00	1:19:39	5:41	77	28:23	106	29:59	47.60	4:20:48	5:28	60	1:18:04	75	1:18:04
Grenzdler (Ober	13.60	1:06:56	4:55	21	17:14	26	17:14	61.20	5:27:44	5:21	44	1:31:27	57	1:31:27
Allzunah	20.00	1:32:27	4:37	35	20:22	46	20:29	81.20	7:00:11	5:10	36	1:48:41	47	1:48:41
Masserberg (Ren	17.80	1:32:31	5:11	47	22:22	66	22:22	99.00	8:32:42	5:10	39	2:11:03	50	2:11:03
Neuhaus (Rennst	20.10	1:37:23	4:50	42	22:31	57	22:31	119.10	10:10:05	5:07	35	2:33:34	46	2:33:34
Wanderhütte an	13.70	1:14:58	5:28	59	23:35	80	23:35	132.80	11:25:03	5:09	33	2:54:44	43	2:54:44
Brennersgrün	16.00	1:21:46	5:06	43	22:44	63	22:44	148.80	12:46:49	5:09	31	3:16:01	39	3:16:01
Blankenstein	20.30	1:55:50	5:42	92	41:49	139	1:04:34	169.10	14:42:39	5:13	38	3:57:50	51	3:57:50