



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Kenias letzte Reserve

□□□: 14:42:39

□□: 163

□□: 11.49 km/h

□□□□: 5:13 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 51 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 38(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:21:43 | 5:50 | 81 | 27:01 | 104 | 27:01 | 14.00 | 1:21:43 | 5:50 | 81 | 27:01 | 104 | 27:01 |
| Grenzwiese/Kleir | 19.60 | 1:39:26 | 5:04 | 49 | 22:40 | 68 | 22:40 | 33.60 | 3:01:09 | 5:23 | 57 | 49:41 | 73 | 49:41 |
| Neue Ausspanne | 14.00 | 1:19:39 | 5:41 | 77 | 28:23 | 106 | 29:59 | 47.60 | 4:20:48 | 5:28 | 60 | 1:18:04 | 75 | 1:18:04 |
| Grenzdler (Ober | 13.60 | 1:06:56 | 4:55 | 21 | 17:14 | 26 | 17:14 | 61.20 | 5:27:44 | 5:21 | 44 | 1:31:27 | 57 | 1:31:27 |
| Allzunah | 20.00 | 1:32:27 | 4:37 | 35 | 20:22 | 46 | 20:29 | 81.20 | 7:00:11 | 5:10 | 36 | 1:48:41 | 47 | 1:48:41 |
| Masserberg (Ren | 17.80 | 1:32:31 | 5:11 | 47 | 22:22 | 66 | 22:22 | 99.00 | 8:32:42 | 5:10 | 39 | 2:11:03 | 50 | 2:11:03 |
| Neuhaus (Rennst | 20.10 | 1:37:23 | 4:50 | 42 | 22:31 | 57 | 22:31 | 119.10 | 10:10:05 | 5:07 | 35 | 2:33:34 | 46 | 2:33:34 |
| Wanderhütte an | 13.70 | 1:14:58 | 5:28 | 59 | 23:35 | 80 | 23:35 | 132.80 | 11:25:03 | 5:09 | 33 | 2:54:44 | 43 | 2:54:44 |
| Brennersgrün | 16.00 | 1:21:46 | 5:06 | 43 | 22:44 | 63 | 22:44 | 148.80 | 12:46:49 | 5:09 | 31 | 3:16:01 | 39 | 3:16:01 |
| Blankenstein | 20.30 | 1:55:50 | 5:42 | 92 | 41:49 | 139 | 1:04:34 | 169.10 | 14:42:39 | 5:13 | 38 | 3:57:50 | 51 | 3:57:50 |