



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Rhöner Mädels

□□□: 16:22:02

□□: 8

□□: 10.33 km/h

□□□□: 5:48 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 139 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 6(of 14)

Frauenstaffel

□□□□□□□: 13:16:19

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:44:49	7:29	13	38:31	180	50:07	14.00	1:44:49	7:29	13	38:31	185	50:07
Grenzwiese/Kleir	19.60	1:50:29	5:38	3	12:17	120	33:43	33.60	3:35:18	6:24	9	37:42	184	1:23:50
Neue Ausspanne	14.00	1:38:00	7:00	14	29:31	175	48:20	47.60	5:13:18	6:34	11	1:07:13	184	2:10:34
Grenzdler (Ober	13.60	1:24:13	6:11	8	22:19	137	34:31	61.20	6:37:31	6:29	10	1:29:32	184	2:41:14
Allzunah	20.00	1:41:50	5:05	5	22:04	97	29:52	81.20	8:19:21	6:08	9	1:51:36	184	3:07:51
Masserberg (Ren	17.80	1:31:02	5:06	2	7:17	54	20:53	99.00	9:50:23	5:57	7	1:58:53	184	3:28:44
Neuhaus (Rennst	20.10	1:54:01	5:40	6	24:31	132	39:09	119.10	11:44:24	5:54	6	2:23:24	184	4:07:53
Wanderhütte an	13.70	1:19:21	5:47	8	15:02	108	27:58	132.80	13:03:45	5:54	6	2:38:26	184	4:33:26
Brennersgrün	16.00	1:33:52	5:51	10	17:58	119	34:50	148.80	14:37:37	5:53	7	2:49:24	184	5:06:49
Blankenstein	20.30	1:44:25	5:08	4	16:19	81	53:09	169.10	16:22:02	5:48	6	3:05:43	139	5:37:13