



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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**TURBO TEAM**

□□□: 15:12:39

□□: 167

□□: 11.11 km/h  
□□□□: 5:23 min/km

□□: 169.10 km  
Hörschel-Blankenstein

□□□□□: 76 (of 184)

□□□□□□: 10:44:49

□□□□:  
Männerstaffel

□□□□□: 57(of 117)

□□□□□□□: 10:44:49

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| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne       | 14.00    | 1:22:11  | 5:52         | 85      | 27:29   | 109       | 27:29     | 14.00  | 1:22:11  | 5:52 | 85      | 27:29   | 109       | 27:29     |
| Grenzwiese/Kleir | 19.60    | 1:28:13  | 4:30         | 9       | 11:27   | 15        | 11:27     | 33.60  | 2:50:24  | 5:04 | 37      | 38:56   | 46        | 38:56     |
| Neue Ausspanne   | 14.00    | 1:18:05  | 5:34         | 67      | 26:49   | 93        | 28:25     | 47.60  | 4:08:29  | 5:13 | 38      | 1:05:45 | 50        | 1:05:45   |
| Grenzdler (Ober  | 13.60    | 1:11:49  | 5:16         | 41      | 22:07   | 50        | 22:07     | 61.20  | 5:20:18  | 5:14 | 35      | 1:24:01 | 45        | 1:24:01   |
| Allzunah         | 20.00    | 1:44:01  | 5:12         | 79      | 31:56   | 115       | 32:03     | 81.20  | 7:04:19  | 5:13 | 40      | 1:52:49 | 52        | 1:52:49   |
| Masserberg (Ren  | 17.80    | 1:51:20  | 6:15         | 99      | 41:11   | 150       | 41:11     | 99.00  | 8:55:39  | 5:24 | 54      | 2:34:00 | 72        | 2:34:00   |
| Neuhaus (Rennst  | 20.10    | 1:40:29  | 4:59         | 52      | 25:37   | 70        | 25:37     | 119.10 | 10:36:08 | 5:20 | 51      | 2:59:37 | 65        | 2:59:37   |
| Wanderhütte an   | 13.70    | 1:05:11  | 4:45         | 21      | 13:48   | 29        | 13:48     | 132.80 | 11:41:19 | 5:16 | 47      | 3:11:00 | 60        | 3:11:00   |
| Brennersgrün     | 16.00    | 1:48:51  | 6:48         | 111     | 49:49   | 171       | 49:49     | 148.80 | 13:30:10 | 5:26 | 62      | 3:59:22 | 78        | 3:59:22   |
| Blankenstein     | 20.30    | 1:42:29  | 5:02         | 48      | 28:28   | 73        | 51:13     | 169.10 | 15:12:39 | 5:23 | 57      | 4:27:50 | 76        | 4:27:50   |