



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Lauffeuer Fröttstädt

□□□: 14:59:33

□□: 171

□□: 11.28 km/h

□□□□: 5:19 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 62 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 47(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:03:02	4:30	8	8:20	12	8:20	14.00	1:03:02	4:30	8	8:20	12	8:20
Grenzwiese/Kleir	19.60	1:46:49	5:26	75	30:03	104	30:03	33.60	2:49:51	5:03	34	38:23	43	38:23
Neue Ausspanne	14.00	1:41:22	7:14	115	50:06	179	51:42	47.60	4:31:13	5:41	81	1:28:29	105	1:28:29
Grenzdler (Ober	13.60	1:06:13	4:52	16	16:31	21	16:31	61.20	5:37:26	5:30	57	1:41:09	73	1:41:09
Allzunah	20.00	1:21:26	4:04	8	9:21	11	9:28	81.20	6:58:52	5:09	35	1:47:22	45	1:47:22
Masserberg (Ren	17.80	1:26:40	4:52	27	16:31	36	16:31	99.00	8:25:32	5:06	31	2:03:53	40	2:03:53
Neuhaus (Rennst	20.10	1:41:05	5:01	53	26:13	71	26:13	119.10	10:06:37	5:05	33	2:30:06	43	2:30:06
Wanderhütte an	13.70	1:29:47	6:33	111	38:24	167	38:24	132.80	11:36:24	5:14	40	3:06:05	52	3:06:05
Brennersgrün	16.00	1:44:54	6:33	106	45:52	162	45:52	148.80	13:21:18	5:23	55	3:50:30	70	3:50:30
Blankenstein	20.30	1:38:15	4:50	37	24:14	56	46:59	169.10	14:59:33	5:19	47	4:14:44	62	4:14:44