



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Harzer Teufel powered by No 1 Mode □□□: 11:27:40

□□: 173

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 14.75 km/h

□□□□: 4:03 min/km

□□□□□: 4 (of 184)

□□□□□□: 10:44:49

□□□□□: 4(of 117)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:01:05	4:21	6	6:23	8	6:23	14.00	1:01:05	4:21	6	6:23	8	6:23
Grenzwiese/Kleir	19.60	1:19:54	4:04	4	3:08	5	3:08	33.60	2:20:59	4:11	5	9:31	5	9:31
Neue Ausspanne	14.00	57:34	4:06	6	6:18	7	7:54	47.60	3:18:33	4:10	5	15:49	6	15:49
Grenzdler (Ober	13.60	49:42	3:39	1	-	1	-	61.20	4:08:15	4:03	2	11:58	2	11:58
Allzunah	20.00	1:16:13	3:48	5	4:08	6	4:15	81.20	5:24:28	3:59	4	12:58	4	12:58
Masserberg (Ren	17.80	1:14:28	4:11	4	4:19	4	4:19	99.00	6:38:56	4:01	4	17:17	4	17:17
Neuhaus (Rennst	20.10	1:20:05	3:59	3	5:13	4	5:13	119.10	7:59:01	4:01	4	22:30	4	22:30
Wanderhütte an	13.70	1:04:50	4:43	17	13:27	22	13:27	132.80	9:03:51	4:05	4	33:32	4	33:32
Brennersgrün	16.00	1:01:48	3:51	3	2:46	3	2:46	148.80	10:05:39	4:04	4	34:51	4	34:51
Blankenstein	20.30	1:22:01	4:02	7	8:00	14	30:45	169.10	11:27:40	4:03	4	42:51	4	42:51