



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Devil´s Wood Runners Lauscha

□□□: 15:45:58

□□: 175

□□: 10.72 km/h

□□□□: 5:35 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 109 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 80(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:11:54	5:08	27	17:12	35	17:12	14.00	1:11:54	5:08	27	17:12	35	17:12
Grenzwiese/Kleir	19.60	1:46:55	5:27	76	30:09	105	30:09	33.60	2:58:49	5:19	50	47:21	64	47:21
Neue Ausspanne	14.00	1:20:17	5:44	79	29:01	109	30:37	47.60	4:19:06	5:26	53	1:16:22	68	1:16:22
Grenzdler (Ober	13.60	1:23:00	6:06	92	33:18	126	33:18	61.20	5:42:06	5:35	67	1:45:49	84	1:45:49
Allzunah	20.00	1:55:20	5:46	95	43:15	151	43:22	81.20	7:37:26	5:38	83	2:25:56	110	2:25:56
Masserberg (Ren	17.80	1:46:08	5:57	87	35:59	130	35:59	99.00	9:23:34	5:41	85	3:01:55	117	3:01:55
Neuhaus (Rennst	20.10	1:50:16	5:29	87	35:24	122	35:24	119.10	11:13:50	5:39	87	3:37:19	118	3:37:19
Wanderhütte an	13.70	1:11:54	5:14	45	20:31	60	20:31	132.80	12:25:44	5:36	83	3:55:25	109	3:55:25
Brennersgrün	16.00	1:30:12	5:38	69	31:10	103	31:10	148.80	13:55:56	5:37	82	4:25:08	111	4:25:08
Blankenstein	20.30	1:50:02	5:25	79	36:01	118	58:46	169.10	15:45:58	5:35	80	5:01:09	109	5:01:09