



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Gipfelstürmer

□□□: 15:59:38

□□: 178

□□: 10.57 km/h

□□□□: 5:40 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 118 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 89(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:15:52 | 5:25 | 55 | 21:10 | 67 | 21:10 | 14.00 | 1:15:52 | 5:25 | 55 | 21:10 | 67 | 21:10 |
| Grenzwiese/Kleir | 19.60 | 1:43:45 | 5:17 | 65 | 26:59 | 89 | 26:59 | 33.60 | 2:59:37 | 5:20 | 53 | 48:09 | 69 | 48:09 |
| Neue Ausspanne | 14.00 | 1:33:09 | 6:39 | 110 | 41:53 | 168 | 43:29 | 47.60 | 4:32:46 | 5:43 | 85 | 1:30:02 | 110 | 1:30:02 |
| Grenzadler (Ober | 13.60 | 1:14:07 | 5:26 | 51 | 24:25 | 63 | 24:25 | 61.20 | 5:46:53 | 5:40 | 77 | 1:50:36 | 97 | 1:50:36 |
| Allzunah | 20.00 | 1:38:19 | 4:54 | 53 | 26:14 | 70 | 26:21 | 81.20 | 7:25:12 | 5:28 | 71 | 2:13:42 | 88 | 2:13:42 |
| Masserberg (Ren | 17.80 | 1:54:01 | 6:24 | 104 | 43:52 | 158 | 43:52 | 99.00 | 9:19:13 | 5:38 | 80 | 2:57:34 | 110 | 2:57:34 |
| Neuhaus (Rennst | 20.10 | 1:43:04 | 5:07 | 59 | 28:12 | 80 | 28:12 | 119.10 | 11:02:17 | 5:33 | 80 | 3:25:46 | 105 | 3:25:46 |
| Wanderhütte an | 13.70 | 1:11:53 | 5:14 | 44 | 20:30 | 59 | 20:30 | 132.80 | 12:14:10 | 5:31 | 75 | 3:43:51 | 98 | 3:43:51 |
| Brennersgrün | 16.00 | 1:38:47 | 6:10 | 94 | 39:45 | 142 | 39:45 | 148.80 | 13:52:57 | 5:35 | 80 | 4:22:09 | 109 | 4:22:09 |
| Blankenstein | 20.30 | 2:06:41 | 6:14 | 106 | 52:40 | 167 | 1:15:25 | 169.10 | 15:59:38 | 5:40 | 89 | 5:14:49 | 118 | 5:14:49 |