



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

□□□□

Team-Heipa-Eichsfeld I

□□: Lauffreunde Eichsfeld
 □□: 181

□□: 169.10 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 12:46:11

□□: 13.23 km/h
 □□□□: 4:31 min/km

□□□□□: 13 (of 184)

□□□□□□: 10:44:49

□□□□□: 9(of 117)

□□□□□□□: 10:44:49

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:12:39	5:11	36	17:57	44	17:57	14.00	1:12:39	5:11	36	17:57	44	17:57
Grenzwiese/Kleir	19.60	1:34:43	4:49	29	17:57	41	17:57	33.60	2:47:22	4:58	24	35:54	33	35:54
Neue Ausspanne	14.00	58:59	4:12	10	7:43	11	9:19	47.60	3:46:21	4:45	15	43:37	19	43:37
Grenzdler (Ober	13.60	1:05:11	4:47	14	15:29	18	15:29	61.20	4:51:32	4:45	13	55:15	17	55:15
Allzunah	20.00	1:30:37	4:31	30	18:32	39	18:39	81.20	6:22:09	4:42	15	1:10:39	19	1:10:39
Masserberg (Ren	17.80	1:25:54	4:49	23	15:45	32	15:45	99.00	7:48:03	4:43	16	1:26:24	20	1:26:24
Neuhaus (Rennst	20.10	1:21:43	4:03	6	6:51	7	6:51	119.10	9:09:46	4:36	12	1:33:15	16	1:33:15
Wanderhütte an	13.70	1:02:46	4:34	12	11:23	15	11:23	132.80	10:12:32	4:36	10	1:42:13	14	1:42:13
Brennersgrün	16.00	1:13:26	4:35	18	14:24	23	14:24	148.80	11:25:58	4:36	10	1:55:10	14	1:55:10
Blankenstein	20.30	1:20:13	3:57	5	6:12	9	28:57	169.10	12:46:11	4:31	9	2:01:22	13	2:01:22