



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Die himmelblauen Gazellen des LTV □□□: 13:57:35

□□: 183

□□: 169.10 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 12.11 km/h

□□□□: 4:57 min/km

□□□□□: 30 (of 184)

□□□□□□: 10:44:49

□□□□□: 24(of 117)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:08:51	4:55	19	14:09	27	14:09	14.00	1:08:51	4:55	19	14:09	27	14:09
Grenzwiese/Kleir	19.60	1:39:29	5:04	50	22:43	69	22:43	33.60	2:48:20	5:00	27	36:52	36	36:52
Neue Ausspanne	14.00	1:04:51	4:37	18	13:35	21	15:11	47.60	3:53:11	4:53	22	50:27	30	50:27
Grenzdler (Ober	13.60	1:21:22	5:58	85	31:40	115	31:40	61.20	5:14:33	5:08	27	1:18:16	37	1:18:16
Allzunah	20.00	1:42:36	5:07	69	30:31	104	30:38	81.20	6:57:09	5:08	32	1:45:39	42	1:45:39
Masserberg (Ren	17.80	1:32:35	5:12	48	22:26	67	22:26	99.00	8:29:44	5:08	37	2:08:05	47	2:08:05
Neuhaus (Rennst	20.10	1:20:13	3:59	4	5:21	5	5:21	119.10	9:49:57	4:57	23	2:13:26	30	2:13:26
Wanderhütte an	13.70	1:14:43	5:27	54	23:20	75	23:20	132.80	11:04:40	5:00	27	2:34:21	33	2:34:21
Brennersgrün	16.00	1:10:13	4:23	12	11:11	14	11:11	148.80	12:14:53	4:56	22	2:44:05	28	2:44:05
Blankenstein	20.30	1:42:42	5:03	49	28:41	74	51:26	169.10	13:57:35	4:57	24	3:12:46	30	3:12:46