



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Laufteam WTA/Südthuringentrail

□□□: 13:33:42

□□: 184

□□: 12.46 km/h

□□□□: 4:48 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 23 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 17(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:03:03	4:30	9	8:21	13	8:21	14.00	1:03:03	4:30	9	8:21	13	8:21
Grenzwiese/Kleir	19.60	1:31:26	4:39	15	14:40	24	14:40	33.60	2:34:29	4:35	7	23:01	14	23:01
Neue Ausspanne	14.00	1:10:08	5:00	35	18:52	44	20:28	47.60	3:44:37	4:43	12	41:53	16	41:53
Grenzdler (Ober	13.60	1:10:54	5:12	36	21:12	44	21:12	61.20	4:55:31	4:49	15	59:14	20	59:14
Allzunah	20.00	1:14:28	3:43	3	2:23	4	2:30	81.20	6:09:59	4:33	9	58:29	13	58:29
Masserberg (Ren	17.80	1:27:03	4:53	30	16:54	40	16:54	99.00	7:37:02	4:36	11	1:15:23	15	1:15:23
Neuhaus (Rennst	20.10	1:34:30	4:42	33	19:38	48	19:38	119.10	9:11:32	4:37	13	1:35:01	17	1:35:01
Wanderhütte an	13.70	1:15:05	5:28	61	23:42	83	23:42	132.80	10:26:37	4:43	15	1:56:18	20	1:56:18
Brennersgrün	16.00	1:26:24	5:24	58	27:22	86	27:22	148.80	11:53:01	4:47	17	2:22:13	23	2:22:13
Blankenstein	20.30	1:40:41	4:57	43	26:40	66	49:25	169.10	13:33:42	4:48	17	2:48:53	23	2:48:53