



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Laufteam WTA/Südthuringentrail

□□□: 13:33:42

□□: 184

□□: 12.47 km/h

□□□□: 4:48 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 23 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 17(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:03:03 | 4:30 | 9 | 8:21 | 13 | 8:21 | 14.00 | 1:03:03 | 4:30 | 9 | 8:21 | 13 | 8:21 |
| Grenzwiese/Kleir | 19.60 | 1:31:26 | 4:39 | 15 | 14:40 | 24 | 14:40 | 33.60 | 2:34:29 | 4:35 | 7 | 23:01 | 14 | 23:01 |
| Neue Ausspanne | 14.00 | 1:10:08 | 5:00 | 35 | 18:52 | 44 | 20:28 | 47.60 | 3:44:37 | 4:43 | 12 | 41:53 | 16 | 41:53 |
| Grenzdler (Ober | 13.60 | 1:10:54 | 5:12 | 36 | 21:12 | 44 | 21:12 | 61.20 | 4:55:31 | 4:49 | 15 | 59:14 | 20 | 59:14 |
| Allzunah | 20.00 | 1:14:28 | 3:43 | 3 | 2:23 | 4 | 2:30 | 81.20 | 6:09:59 | 4:33 | 9 | 58:29 | 13 | 58:29 |
| Masserberg (Ren | 17.80 | 1:27:03 | 4:53 | 30 | 16:54 | 40 | 16:54 | 99.00 | 7:37:02 | 4:36 | 11 | 1:15:23 | 15 | 1:15:23 |
| Neuhaus (Rennst | 20.10 | 1:34:30 | 4:42 | 33 | 19:38 | 48 | 19:38 | 119.10 | 9:11:32 | 4:37 | 13 | 1:35:01 | 17 | 1:35:01 |
| Wanderhütte an | 13.70 | 1:15:05 | 5:28 | 61 | 23:42 | 83 | 23:42 | 132.80 | 10:26:37 | 4:43 | 15 | 1:56:18 | 20 | 1:56:18 |
| Brennersgrün | 16.00 | 1:26:24 | 5:24 | 58 | 27:22 | 86 | 27:22 | 148.80 | 11:53:01 | 4:47 | 17 | 2:22:13 | 23 | 2:22:13 |
| Blankenstein | 20.30 | 1:40:41 | 4:57 | 43 | 26:40 | 66 | 49:25 | 169.10 | 13:33:42 | 4:48 | 17 | 2:48:53 | 23 | 2:48:53 |