



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

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Abgehts09

□□□: 16:04:54

□□: 185

□□: 10.52 km/h

□□□□: 5:42 min/km

□□: 169.10 km

Hörschel-Blankenstein

□□□□□: 127 (of 184)

□□□□□□: 10:44:49

□□□□:

□□□□□: 92(of 117)

Männerstaffel

□□□□□□□: 10:44:49

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:16:03 | 5:25 | 56 | 21:21 | 68 | 21:21 | 14.00 | 1:16:03 | 5:25 | 56 | 21:21 | 68 | 21:21 |
| Grenzwiese/Kleir | 19.60 | 1:50:09 | 5:37 | 86 | 33:23 | 118 | 33:23 | 33.60 | 3:06:12 | 5:32 | 71 | 54:44 | 91 | 54:44 |
| Neue Ausspanne | 14.00 | 1:28:54 | 6:21 | 103 | 37:38 | 149 | 39:14 | 47.60 | 4:35:06 | 5:46 | 88 | 1:32:22 | 116 | 1:32:22 |
| Grenzdler (Ober | 13.60 | 1:15:27 | 5:32 | 60 | 25:45 | 75 | 25:45 | 61.20 | 5:50:33 | 5:43 | 81 | 1:54:16 | 102 | 1:54:16 |
| Allzunah | 20.00 | 1:49:36 | 5:28 | 88 | 37:31 | 135 | 37:38 | 81.20 | 7:40:09 | 5:40 | 84 | 2:28:39 | 113 | 2:28:39 |
| Masserberg (Ren | 17.80 | 1:44:24 | 5:51 | 84 | 34:15 | 122 | 34:15 | 99.00 | 9:24:33 | 5:42 | 87 | 3:02:54 | 119 | 3:02:54 |
| Neuhaus (Rennst | 20.10 | 1:50:23 | 5:29 | 88 | 35:31 | 124 | 35:31 | 119.10 | 11:14:56 | 5:40 | 89 | 3:38:25 | 121 | 3:38:25 |
| Wanderhütte an | 13.70 | 1:34:02 | 6:51 | 113 | 42:39 | 172 | 42:39 | 132.80 | 12:48:58 | 5:47 | 98 | 4:18:39 | 135 | 4:18:39 |
| Brennersgrün | 16.00 | 1:28:42 | 5:32 | 66 | 29:40 | 98 | 29:40 | 148.80 | 14:17:40 | 5:45 | 97 | 4:46:52 | 134 | 4:46:52 |
| Blankenstein | 20.30 | 1:47:14 | 5:16 | 69 | 33:13 | 100 | 55:58 | 169.10 | 16:04:54 | 5:42 | 92 | 5:20:05 | 127 | 5:20:05 |