



1. SPORTident Winter-Stundenlaufserie mit Musik (2. Lauf)

Arnstadt / 21.02.2024

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Jordan Wysocki

00: Laufladen Erfurt OCR Team

00: 34

00: 0.35 km

Stundenlauf

0000:

Männer (20-29 Jahre)

000: 59:30

00: 12.35 km/h

0000: 4:51 min/km

0: 35 (12.25 km)

00000/0: 14 (of 39)

00000: 1(of 1)

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000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	000 -	00 -	00 0	00 0		
00 1	0.35	1:25	4:02	1	-	4	0:16	0.35	1:25	4:02	1	-	4	0:16
00 2	0.35	1:31	4:19	1	-	8	0:18	0.70	2:56	4:11	1	-	4	0:34
00 3	0.35	1:35	4:31	1	-	14	0:18	1.05	4:31	4:18	1	-	7	0:52
00 4	0.35	1:38	4:40	1	-	16	0:22	1.40	6:09	4:23	1	-	8	1:14
00 5	0.35	1:38	4:40	1	-	16	0:19	1.75	7:47	4:26	1	-	9	1:33
00 6	0.35	1:40	4:45	1	-	14	0:20	2.10	9:27	4:30	1	-	9	1:53
00 7	0.35	1:39	4:42	1	-	15	0:19	2.45	11:06	4:31	1	-	9	2:12
00 8	0.35	1:39	4:42	1	-	15	0:18	2.80	12:45	4:33	1	-	9	2:30
00 9	0.35	1:39	4:42	1	-	13	0:17	3.15	14:24	4:34	1	-	11	2:47
00 10	0.35	1:41	4:48	1	-	14	0:19	3.50	16:05	4:35	1	-	11	3:06
00 11	0.35	1:42	4:51	1	-	16	0:20	3.85	17:47	4:37	1	-	11	3:26
00 12	0.35	1:41	4:48	1	-	15	0:17	4.20	19:28	4:38	1	-	11	3:43
00 13	0.35	1:43	4:54	1	-	16	0:21	4.55	21:11	4:39	1	-	13	4:04
00 14	0.35	1:43	4:54	1	-	16	0:19	4.90	22:54	4:40	1	-	13	4:23
00 15	0.35	1:46	5:02	1	-	18	0:24	5.25	24:40	4:41	1	-	14	4:47
00 16	0.35	1:43	4:54	1	-	15	0:19	5.60	26:23	4:42	1	-	14	5:06
00 17	0.35	1:43	4:54	1	-	17	0:20	5.95	28:06	4:43	1	-	14	5:26
00 18	0.35	1:47	5:05	1	-	18	0:23	6.30	29:53	4:44	1	-	14	5:49
00 19	0.35	1:46	5:02	1	-	18	0:22	6.65	31:39	4:45	1	-	14	6:11
00 20	0.35	1:56	5:31	1	-	28	0:32	7.00	33:35	4:47	1	-	15	6:43
00 21	0.35	1:50	5:14	1	-	21	0:27	7.35	35:25	4:49	1	-	15	7:10
00 22	0.35	1:45	5:00	1	-	17	0:21	7.70	37:10	4:49	1	-	15	7:31
00 23	0.35	1:43	4:54	1	-	13	0:20	8.05	38:53	4:49	1	-	15	7:51
00 24	0.35	1:44	4:57	1	-	15	0:21	8.40	40:37	4:50	1	-	15	8:12
00 25	0.35	1:45	5:00	1	-	14	0:22	8.75	42:22	4:50	1	-	15	8:34
00 26	0.35	1:48	5:08	1	-	19	0:25	9.10	44:10	4:51	1	-	15	8:59
00 27	0.35	1:43	4:54	1	-	11	0:20	9.45	45:53	4:51	1	-	15	9:19
00 28	0.35	1:49	5:11	1	-	20	0:25	9.80	47:42	4:52	1	-	15	9:44
00 29	0.35	1:46	5:02	1	-	15	0:23	10.15	49:28	4:52	1	-	15	10:07
00 30	0.35	1:47	5:05	1	-	17	0:23	10.50	51:15	4:52	1	-	16	10:30



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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 31	0.35	1:43	4:54	1	-	13	0:18	10.85	52:58	4:52	1	-	16	10:48
00 32	0.35	1:41	4:48	1	-	9	0:17	11.20	54:39	4:52	1	-	16	11:05
00 33	0.35	1:43	4:54	1	-	13	0:19	11.55	56:22	4:52	1	-	16	11:24
00 34	0.35	1:38	4:40	1	-	8	0:14	11.90	58:00	4:52	1	-	14	11:38
00 35	0.35	1:30	4:17	1	-	4	0:07	12.25	59:30	4:51	1	-	14	11:45