



### 3. Staffellauf - Rund um Arnstadt

Arnstadt / 18.05.2024

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#### N3 Sportverein

□□: Club N3 Sportverein

□□: 13

□□: 59.80 km

Rund um Arnstadt

□□□□:

Männerstaffel

□□□: 5:36:58

□□: 10.51 km/h

□□□□: 5:38 min/km

□□□□□: 11 (of 13)

□□□□□□: 4:07:03

□□□□□: 8(of 10)

□□□□□□□: 4:07:03

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	36:14	5:29	8	11:37	11	11:37	6.60	36:14	5:29	11	11:37	14	11:37
Marlishausen	7.80	36:26	4:40	7	5:32	7	5:32	14.40	1:12:40	5:02	11	17:09	14	17:09
Angelhausen	6.00	44:31	7:25	10	20:09	13	20:09	20.40	1:57:11	5:44	11	37:07	14	37:07
Roda	7.30	48:32	6:38	10	17:00	13	17:00	27.70	2:45:43	5:58	11	54:07	14	54:07
Neuroda	6.80	37:00	5:26	7	7:48	9	7:48	34.50	3:22:43	5:52	11	1:01:55	14	1:01:55
Reinsfeld	10.30	56:17	5:27	9	13:25	12	13:25	44.80	4:19:00	5:46	11	1:14:49	14	1:14:49
Dosdorf	7.00	40:23	5:46	8	12:59	9	12:59	51.80	4:59:23	5:46	11	1:25:11	14	1:25:11
Marktplatz Arnst:	8.00	37:35	4:41	4	4:44	4	4:44	59.80	5:36:58	5:38	8	1:29:55	11	1:29:55