



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

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Julian Sinke

00: LG eXa Leipzig e. V.

00: 110

00: 100.00 km

100 Kilometer

0000:

Senioren M30 (30-34)

000: 8:40:38

00: 11.52 km/h

0000: 5:12 min/km

00000/000: 2 (of 195)

00000/0: 2 (of 156)

000000: 8:25:24

00000: 2(of 8)

0000000: 8:25:24

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	2:18:31	5:07	3	3:49	4	3:49	27.00	2:18:31	5:07	3	3:49	4	3:49
Floh-Seligenthal	27.00	2:19:57	5:10	2	8:04	2	8:04	54.00	4:38:28	5:09	2	11:53	2	11:53
Finsterbergen	22.00	2:00:38	5:29	2	5:42	2	5:42	76.00	6:39:06	5:15	2	17:35	2	17:35
Waltershausen	19.00	1:39:59	5:15	1	-	1	-	95.00	8:19:05	5:15	2	14:49	2	14:49
Fröttstädt	5.00	21:33	4:18	2	0:25	3	0:25	100.00	8:40:38	5:12	2	15:14	2	15:14