



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

□□□□

Tom Schmitt

□□: LG Mauerweg Berlin e.V.

□□: 149

□□: 100.00 km

100 Kilometer

□□□□:

Senioren M60 (60-64)

□□□: 14:27:01

□□: 6.92 km/h

□□□□: 8:40 min/km

□□□□□/□□□: 120 (of 195)

□□□□□/□: 95 (of 156)

□□□□□□: 8:25:24

□□□□□: 13(of 28)

□□□□□□□: 11:44:44

□□□□

□□□□

□□□

| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□    | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|---------------|---------|---------|---------|---------|
| Glasbachwiese    | 27.00    | 3:41:23  | 8:11         | 15      | 55:10   | 121     | 1:26:41 | 27.00  | 3:41:23   | 8:11          | 15      | 55:10   | 121     | 1:26:41 |
| Floh-Seligenthal | 27.00    | 3:39:56  | 8:08         | 13      | 43:10   | 106     | 1:28:03 | 54.00  | 7:21:19   | 8:10          | 13      | 1:38:20 | 112     | 2:54:44 |
| Finsterbergen    | 22.00    | 3:24:30  | 9:17         | 10      | 36:17   | 75      | 1:29:34 | 76.00  | 10:45:49  | 8:29          | 12      | 2:03:06 | 96      | 4:24:18 |
| Waltershausen    | 19.00    | 2:58:33  | 9:23         | 16      | 24:47   | 85      | 1:18:34 | 95.00  | 13:44:22  | 8:40          | 13      | 2:26:09 | 95      | 5:40:06 |
| Fröttstädt       | 5.00     | 42:39    | 8:31         | 22      | 16:08   | 115     | 21:31   | 100.00 | 14:27:01  | 8:40          | 13      | 2:42:17 | 95      | 6:01:37 |