



16. thüringen ULTRA
Fröttstädt / 06.07.2024

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Teresa Temmler

□□□: 14:47:44

□□: 178

□□: 6.76 km/h

□□□□: 8:52 min/km

□□: 100.00 km

□□□□□/□□□: 137 (of 195)

100 Kilometer

□□□□□/□: 30 (of 39)

□□□□□□: 9:39:32

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□□□□□: 1(of 1)

Seniorinnen W30 (30-34)

□□□□□□□: 14:47:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:53:41	8:39	1	-	34	1:06:36	27.00	3:53:41	8:39	1	-	34	1:06:36	
Floh-Seligenthal	27.00	3:50:56	8:33	1	-	30	1:04:07	54.00	7:44:37	8:36	1	-	32	2:39:19	
Finsterbergen	22.00	3:26:40	9:23	1	-	24	1:11:37	76.00	11:11:17	8:49	1	-	31	3:50:56	
Waltershausen	19.00	3:00:23	9:29	1	-	29	1:06:41	95.00	14:11:40	8:57	1	-	30	4:57:37	
Fröttstädt	5.00	36:04	7:12	1	-	23	12:18	100.00	14:47:44	8:52	1	-	30	5:08:12	