



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

□□□□

Nina Blisse

□□: LG Mauerweg Berlin e.V. / EAT

□□: 1

□□: 100.00 km

100 Kilometer

□□□□:

Seniorinnen W45 (45-49)

□□□: 10:49:40

□□: 9.24 km/h

□□□□: 6:29 min/km

□□□□□/□□□: 16 (of 195)

□□□□□/□: 2 (of 39)

□□□□□□: 9:39:32

□□□□□: 1(of 6)

□□□□□□□: 10:49:40

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| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Glasbachwiese    | 27.00    | 2:47:05  | 6:11         | 1       | -       | 1       | -       | 27.00     | 2:47:05   | 6:11          | 1       | -       | 1       | -       |
| Floh-Seligenthal | 27.00    | 2:54:07  | 6:26         | 1       | -       | 2       | 7:18    | 54.00     | 5:41:12   | 6:19          | 1       | -       | 2       | 35:54   |
| Finsterbergen    | 22.00    | 2:31:59  | 6:54         | 1       | -       | 3       | 16:56   | 76.00     | 8:13:11   | 6:29          | 1       | -       | 2       | 52:50   |
| Waltershausen    | 19.00    | 2:09:49  | 6:49         | 1       | -       | 3       | 16:07   | 95.00     | 10:23:00  | 6:33          | 1       | -       | 2       | 1:08:57 |
| Fröttstädt       | 5.00     | 26:40    | 5:20         | 1       | -       | 4       | 2:54    | 100.00    | 10:49:40  | 6:29          | 1       | -       | 2       | 1:10:08 |