



16. thüringen ULTRA
Fröttstädt / 06.07.2024

0000

Ronny Schwarz

00: 206

00: 100.00 km
100 Kilometer

0000:
Senioren M40 (40-44)

000: 11:33:53

00: 8.65 km/h
0000: 6:56 min/km

00000/000: 26 (of 195)

00000/0: 22 (of 156)

000000: 8:25:24

00000: 7(of 15)

0000000: 9:39:33

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:01:57	6:44	8	37:27	37	47:15	27.00	3:01:57	6:44	8	37:27	37	47:15
Floh-Seligenthal	27.00	2:59:58	6:39	7	31:00	24	48:05	54.00	6:01:55	6:42	8	1:01:59	28	1:35:20
Finsterbergen	22.00	2:48:29	7:39	7	34:20	22	53:33	76.00	8:50:24	6:58	7	1:30:02	23	2:28:53
Waltershausen	19.00	2:16:01	7:09	5	23:19	16	36:02	95.00	11:06:25	7:00	7	1:52:21	23	3:02:09
Fröttstädt	5.00	27:28	5:29	5	3:24	19	6:20	100.00	11:33:53	6:56	7	1:54:20	22	3:08:29