



16. thüringen ULTRA
Fröttstädt / 06.07.2024

□□□□

Peer Cavaleiro

□□: 100 Marathon Club

□□: 21

□□: 100.00 km

100 Kilometer

□□□□:

Senioren M40 (40-44)

□□□: 17:47:23

□□: 5.62 km/h

□□□□: 10:40 min/km

□□□□□/□□□: 184 (of 195)

□□□□□/□: 146 (of 156)

□□□□□□: 8:25:24

□□□□□: 15(of 15)

□□□□□□□: 9:39:33

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|---------|---------|---------|---------|
| Glasbachwiese | 27.00 | 4:30:21 | 10:00 | 15 | 2:05:51 | 155 | 2:15:39 | 27.00 | 4:30:21 | 10:00 | 15 | 2:05:51 | 155 | 2:15:39 | |
| Floh-Seligenthal | 27.00 | 4:57:32 | 11:01 | 15 | 2:28:34 | 150 | 2:45:39 | 54.00 | 9:27:53 | 10:30 | 15 | 4:27:57 | 152 | 5:01:18 | |
| Finsterbergen | 22.00 | fehlt! | - | - | - | - | - | 76.00 | - | - | - | - | - | - | |
| Waltershausen | 19.00 | 7:41:42 | 24:18 | 15 | 5:49:00 | 146 | 6:01:43 | 95.00 | 17:09:35 | 10:50 | 15 | 7:55:31 | 146 | 9:05:19 | |
| Fröttstädt | 5.00 | 37:48 | 7:33 | 13 | 13:44 | 93 | 16:40 | 100.00 | 17:47:23 | 10:40 | 15 | 8:07:50 | 146 | 9:21:59 | |