



16. thüringen ULTRA
Fröttstädt / 06.07.2024

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Martin Weiß

□□: Triathletenschmiede Werratal
□□: 137

□□: 100.00 km
100 Kilometer

□□□□:
Senioren M45 (45-49)

□□□: 14:20:41

□□: 6.97 km/h
□□□□: 8:36 min/km

□□□□□/□□□: 117 (of 195)

□□□□□/□: 92 (of 156)

□□□□□□: 8:25:24

□□□□□: 10(of 13)

□□□□□□□: 11:10:20

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:22:58	7:31	7	36:57	78	1:08:16	27.00	3:22:58	7:31	7	36:57	78	1:08:16
Floh-Seligenthal	27.00	3:36:44	8:01	11	44:40	96	1:24:51	54.00	6:59:42	7:46	9	1:21:37	94	2:33:07
Finsterbergen	22.00	3:46:53	10:18	11	1:06:11	115	1:51:57	76.00	10:46:35	8:30	11	2:27:48	98	4:25:04
Waltershausen	19.00	2:56:52	9:18	7	33:36	81	1:16:53	95.00	13:43:27	8:40	10	3:01:24	93	5:39:11
Fröttstädt	5.00	37:14	7:26	9	8:57	90	16:06	100.00	14:20:41	8:36	10	3:10:21	92	5:55:17