



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

0000

Thomas Rüttinger

000: 12:44:15

00: 59

00: 7.85 km/h

0000: 7:38 min/km

00: 100.00 km

00000/000: 55 (of 195)

100 Kilometer

00000/0: 47 (of 156)

000000: 8:25:24

0000:

00000: 9(of 31)

Senioren M50 (50-54)

0000000: 11:28:32

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000	000	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:03:44	6:48	7	16:38	40	49:02	27.00	3:03:44	6:48	7	16:38	40	49:02
Floh-Seligenthal	27.00	3:16:52	7:17	10	24:23	50	1:04:59	54.00	6:20:36	7:02	9	40:20	45	1:54:01
Finsterbergen	22.00	3:11:34	8:42	8	21:08	46	1:16:38	76.00	9:32:10	7:31	7	54:48	46	3:10:39
Waltershausen	19.00	2:40:53	8:28	7	17:06	46	1:00:54	95.00	12:13:03	7:42	9	1:11:54	47	4:08:47
Fröttstädt	5.00	31:12	6:14	10	5:06	39	10:04	100.00	12:44:15	7:38	9	1:15:43	47	4:18:51