



16. thüringen ULTRA
Fröttstädt / 06.07.2024

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Peter Martin

□□: FC St. Pauli Marathon/100MC

□□: 91

□□: 100.00 km

100 Kilometer

□□□□:

Senioren M55 (55-59)

□□□: 13:34:10

□□: 7.37 km/h

□□□□: 8:08 min/km

□□□□□/□□□: 82 (of 195)

□□□□□/□: 67 (of 156)

□□□□□□: 8:25:24

□□□□□: 8(of 30)

□□□□□□□: 9:29:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:42:16	8:13	19	44:42	126	1:27:34	27.00	3:42:16	8:13	19	44:42	126	1:27:34
Floh-Seligenthal	27.00	3:36:51	8:01	14	29:50	98	1:24:58	54.00	7:19:07	8:07	16	2:18:56	110	2:52:32
Finsterbergen	22.00	3:07:40	8:31	3	53:03	42	1:12:44	76.00	10:26:47	8:14	13	3:11:59	83	4:05:16
Waltershausen	19.00	2:33:31	8:04	3	40:33	34	53:32	95.00	13:00:18	8:12	8	3:52:32	69	4:56:02
Fröttstädt	5.00	33:52	6:46	4	11:42	59	12:44	100.00	13:34:10	8:08	8	4:04:14	67	5:08:46