



Markus Weis

[]: 395

□□: 9.25 km9 km Lauf

Senioren M35 (35-39)

□□□: 53:49

□□: 10.03 km/h

□□□: 5:49 min/km

_____: 66 (of 91)

____/_: 47 (of 57)

____: 36:04

□□□□: 14(of 16)

<u>|</u>||||||: 36:04

	km		min/km	-	-			km		min/km	-	-		
Zwischenzeit I	-	8:57	-	12	2:56	41	2:56	-	8:57	-	12	2:56	41	2:56
Zwischenzeit I	-	23:39	-	13	7:23	44	7:23	-	32:36	-	13	10:19	44	10:19
Ziel	9.25	21:13	-	15	7:26	49	8:27	9.25	53:49	5:49	14	17:45	47	17:45