



Nancy Pausch

□□: 370

□□: 9.25 km9 km Lauf

Seniorinnen W45 (45-49)

□□□: 1:05:44

□□: 8.22 km/h

□□□□: 7:06 min/km

_____: 86 (of 91)

____/_: 32 (of 34)

____: 34:42

□□□□: 4(of 4)

____: 50:52

	km		min/km	-	-			km		min/km	-	-		
Zwischenzeit I	-	11:14	-	4	1:57	32	5:14	-	11:14	-	4	1:57	32	5:14
Zwischenzeit I	-	30:29	-	4	7:25	33	14:36	-	41:43	-	4	9:22	32	19:50
Ziel	9.25	24:01	-	4	5:30	30	11:12	9.25	1:05:44	7:06	4	14:52	32	31:02