



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

0000

Hartmut Wächter

000: 59:26

00: 155

00: 12.11 km/h

00: 0.49 km/00

0000: 4:51 min/km

Stundenlauf

0: 25 (12.25 km)

0000:

00000/0: 13 (of 34)

Senioren M70 (70-74)

00000: 1(of 2)

0000

0000

000

000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	00 -	00 -	00 0	00 0		
00 1	0.49	2:16	4:37	1	-	10	0:27	0.49	2:16	4:37	1	-	10	0:27
00 2	0.49	2:19	4:43	2	0:05	14	0:24	0.98	4:35	4:40	2	0:02	15	0:51
00 3	0.49	2:21	4:47	2	0:05	14	0:27	1.47	6:56	4:42	2	0:07	14	1:18
00 4	0.49	2:22	4:49	2	0:03	15	0:28	1.96	9:18	4:44	2	0:10	14	1:46
00 5	0.49	2:23	4:51	2	0:04	19	0:28	2.45	11:41	4:46	2	0:14	15	2:14
00 6	0.49	2:21	4:47	2	0:01	14	0:25	2.94	14:02	4:46	2	0:15	14	2:39
00 7	0.49	2:21	4:47	1	-	15	0:25	3.43	16:23	4:46	2	0:13	15	3:04
00 8	0.49	2:21	4:47	1	-	15	0:26	3.92	18:44	4:46	2	0:11	14	3:30
00 9	0.49	2:21	4:47	1	-	13	0:24	4.41	21:05	4:46	2	0:07	14	3:54
00 10	0.49	2:24	4:53	2	0:01	16	0:27	4.90	23:29	4:47	2	0:08	14	4:21
00 11	0.49	2:24	4:53	2	0:02	14	0:29	5.39	25:53	4:48	2	0:10	14	4:50
00 12	0.49	2:26	4:57	1	-	15	0:28	5.88	28:19	4:48	2	0:10	14	5:18
00 13	0.49	2:23	4:51	1	-	15	0:26	6.37	30:42	4:49	2	0:07	14	5:44
00 14	0.49	2:24	4:53	1	-	13	0:30	6.86	33:06	4:49	2	0:05	14	6:14
00 15	0.49	2:24	4:53	1	-	13	0:30	7.35	35:30	4:49	2	0:03	14	6:44
00 16	0.49	2:24	4:53	1	-	14	0:28	7.84	37:54	4:50	1	-	13	7:12
00 17	0.49	2:24	4:53	1	-	13	0:26	8.33	40:18	4:50	1	-	13	7:38
00 18	0.49	2:24	4:53	1	-	14	0:31	8.82	42:42	4:50	1	-	13	8:05
00 19	0.49	2:25	4:55	2	0:03	14	0:29	9.31	45:07	4:50	1	-	13	8:34
00 20	0.49	2:24	4:53	2	0:02	14	0:27	9.80	47:31	4:50	1	-	13	9:01
00 21	0.49	2:23	4:51	1	-	12	0:27	10.29	49:54	4:50	1	-	13	9:28
00 22	0.49	2:23	4:51	1	-	12	0:26	10.78	52:17	4:51	1	-	13	9:54
00 23	0.49	2:22	4:49	1	-	12	0:26	11.27	54:39	4:50	1	-	13	10:20
00 24	0.49	2:23	4:51	1	-	14	0:26	11.76	57:02	4:50	1	-	13	10:46
00 25	0.49	2:24	4:53	2	0:01	14	0:27	12.25	59:26	4:51	1	-	13	11:13