



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

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Tamino Ullmann

□□□: 29:57

□□: Die tausenden 7 Meter Spezialisten

□□: 12.02 km/h

□□: 68

□□□□: 4:21 min/km

□□: 0.49 km/□□

□: 14 (6.86 km)

Halbstundenlauf

□□□□□/□: 2 (of 38)

□□□□:

□□□□□: 1(of 2)

männliche Jugend U20 (18/19) H

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 0.49 | 2:08 | 4:21 | 1 | - | 3 | 0:01 | 0.49 | 2:08 | 4:21 | 1 | - | 3 | 0:01 | |
| □□ 2 | 0.49 | 2:12 | 4:29 | 1 | - | 2 | 0:06 | 0.98 | 4:20 | 4:25 | 1 | - | 2 | 0:07 | |
| □□ 3 | 0.49 | 2:09 | 4:23 | 1 | - | 2 | 0:03 | 1.47 | 6:29 | 4:24 | 1 | - | 2 | 0:10 | |
| □□ 4 | 0.49 | 2:10 | 4:25 | 1 | - | 1 | - | 1.96 | 8:39 | 4:24 | 1 | - | 2 | 0:07 | |
| □□ 5 | 0.49 | 2:08 | 4:21 | 1 | - | 2 | 0:05 | 2.45 | 10:47 | 4:24 | 1 | - | 2 | 0:12 | |
| □□ 6 | 0.49 | 2:10 | 4:25 | 1 | - | 2 | 0:04 | 2.94 | 12:57 | 4:24 | 1 | - | 2 | 0:16 | |
| □□ 7 | 0.49 | 2:06 | 4:17 | 1 | - | 2 | 0:01 | 3.43 | 15:03 | 4:23 | 1 | - | 2 | 0:17 | |
| □□ 8 | 0.49 | 2:07 | 4:19 | 1 | - | 1 | - | 3.92 | 17:10 | 4:22 | 1 | - | 2 | 0:16 | |
| □□ 9 | 0.49 | 2:07 | 4:19 | 1 | - | 1 | - | 4.41 | 19:17 | 4:22 | 1 | - | 2 | 0:13 | |
| □□ 10 | 0.49 | 2:09 | 4:23 | 1 | - | 2 | 0:08 | 4.90 | 21:26 | 4:22 | 1 | - | 2 | 0:21 | |
| □□ 11 | 0.49 | 2:10 | 4:25 | 1 | - | 1 | - | 5.39 | 23:36 | 4:22 | 1 | - | 2 | 0:20 | |
| □□ 12 | 0.49 | 2:09 | 4:23 | 1 | - | 2 | 0:03 | 5.88 | 25:45 | 4:22 | 1 | - | 2 | 0:15 | |
| □□ 13 | 0.49 | 2:04 | 4:13 | 1 | - | 1 | - | 6.37 | 27:49 | 4:22 | 1 | - | 2 | 0:14 | |
| □□ 14 | 0.49 | 2:08 | 4:21 | 1 | - | 2 | 0:01 | 6.86 | 29:57 | 4:21 | 1 | - | 2 | 0:15 | |