



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

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Niklas Redantz

00: Die Tiger aus Plaue

00: 38

00: 0.49 km/00

Halbstundenlauf

0000:

männliche Jugend U18 (16/17) H

000: 28:08

00: 10.66 km/h

0000: 4:47 min/km

0: 12 (5.88 km)

00000/0: 6 (of 38)

00000: 1(of 6)

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	0.49	2:11	4:27	1	-	5	0:04	0.49	2:11	4:27	1	-	5	0:04
00 2	0.49	2:16	4:37	1	-	6	0:10	0.98	4:27	4:32	1	-	4	0:14
00 3	0.49	2:21	4:47	1	-	9	0:15	1.47	6:48	4:37	1	-	5	0:29
00 4	0.49	2:30	5:06	1	-	14	0:20	1.96	9:18	4:44	1	-	7	0:46
00 5	0.49	2:25	4:55	1	-	8	0:22	2.45	11:43	4:46	1	-	6	1:08
00 6	0.49	2:28	5:02	1	-	9	0:22	2.94	14:11	4:49	1	-	6	1:30
00 7	0.49	2:24	4:53	1	-	7	0:19	3.43	16:35	4:50	1	-	7	1:49
00 8	0.49	2:24	4:53	1	-	6	0:17	3.92	18:59	4:50	1	-	7	2:05
00 9	0.49	2:25	4:55	1	-	7	0:18	4.41	21:24	4:51	1	-	7	2:20
00 10	0.49	2:25	4:55	2	0:03	7	0:24	4.90	23:49	4:51	1	-	7	2:44
00 11	0.49	2:13	4:31	1	-	3	0:03	5.39	26:02	4:49	1	-	6	2:46
00 12	0.49	2:06	4:17	1	-	1	-	5.88	28:08	4:47	1	-	6	2:38