



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Bode, Elvira

Club: Feuerwehr Heyda
Number: 510

Course: 9.30 km
Nordic Walking

Total time: 1:21:19

Speed: 6.64 km/h

metres in height up: 158
Course score: 11.37

performance score: 80 Points