



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Rühle, Karola

Club: Wachsenburggem.

Number: 509

Course: 9.30 km

Nordic Walking

Total time: 1:21:22

Speed: 6.64 km/h

metres in height up: 158

Course score: 11.37

performance score: 80 Points