



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Amarell, Ludwig

Club: Triathlonclub Suhl
Number: 368

Course: 9.30 km
Kurze Strecke

Category:
Männer M70

Total time: 47:48

Speed: 11.30 km/h
Running performance: 5:08 min/km

Rank in course/Total: 82 (of 190)

Rank in course/Men: 73 (of 137)

Best time in course: 30:56

Rank in category: 1(of 2)

Best time in the category: 47:48