



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

**Manthee, Dana**

Club: SG Empor Sondershausen  
Number: 684

Course: 5.00 km  
Schnupperlauf

Category:  
Frauen W20

Total time: 26:16

Speed: 11.42 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 25 (of 35)  
Rank in course/Women: 13 (of 19)  
Best time in course: 21:13

Rank in category: 1(of 2)  
Best time in the category: 26:16