



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Iyead, Mayya

Club: Ilmenau  
Number: 188

Course: 19.00 km  
Großer Lauf

Category:  
Männer M30

Total time: 1:28:54

Speed: 12.82 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 24 (of 62)

Rank in course/Men: 24 (of 58)

Best time in course: 1:12:23

Rank in category: 3(of 6)

Best time in the category: 1:19:04