



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Prescher, Frank

Club: USV Erfurt e.V.  
Number: 169

Course: 19.00 km  
Großer Lauf

Category:  
Männer M30

Total time: 1:38:01

Speed: 11.63 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 45 (of 62)

Rank in course/Men: 45 (of 58)

Best time in course: 1:12:23

Rank in category: 6(of 6)

Best time in the category: 1:19:04