



## 15. Feengrottenpokal im Berglaufen

Saalfeld / 24.05.2008

### Detailed evaluation

Helbig, Katrin

Club: Königsee

Number: 108

Course: 4.50 km

Berglauf

Category:

Frauen W40

Total time: 33:25

Speed: 7.18 km/h

Running performance: 7:26 min/km

Rank in course/Total: 120 (of 132)

Rank in course/Women: 28 (of 36)

Best time in course: 23:52

Rank in category: 8(of 11)

Best time in the category: 25:16