



6. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Michel, Ulrike

Club: Mühlhausen  
Number: 341

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Frauen W45

Total time: 1:30:37

Speed: 10.59 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 77 (of 104)  
Rank in course/Women: 12 (of 19)  
Best time in course: 1:15:12

Rank in category: 5(of 5)  
Best time in the category: 1:26:47