



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Wilke, Lutz

Club: Sandersdorfer Kanu-Verein

Number: 697

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:49:13

Speed: 11.54 km/h

Running performance: 5:11 min/km

Rank in course/Total: 12 (of 26)

Rank in course/Men: 12 (of 21)

Best time in course: 1:21:34

Rank in category: 1(of 2)

Best time in the category: 1:49:13