



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Wissel, Karlheinz

Club: FHSG Stralsund e.V.
Number: 603

Course: 42.19 km
Marathon Lauf

Category:
Männer M40

Total time: 3:36:16

Speed: 11.65 km/h
Running performance: 5:08 min/km

Rank in course/Total: 18 (of 96)

Rank in course/Men: 17 (of 77)

Best time in course: 2:54:19

Rank in category: 6(of 17)

Best time in the category: 3:00:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	50:30	5:02	8	6:44	24	9:39	10.00	50:30	5:02	6	6:44	36	
Lap 2	13.60	1:06:38	4:53	8	11:14	24	14:08	23.60	1:57:08	4:57	12	2:54	38	
Lap 3	7.20	41:40	5:47	4	6:10	14	7:57	30.80	2:38:48	5:09	11		39	
Last lap Finish	11.39	57:28	5:02	6	11:41	16	11:41	42.19	3:36:16	5:07	6	35:49	17	41:57